



# Just Play!



Help your child learn while playing .

## How?

**Agilities** are the work skills used in all jobs in the economy.  
They are a **combination of your strengths and interests.**

When you help your child learn about the Agilities and see how they are using them every day, you are helping them prepare for a bright future!



### Notice & Name it.

Notice and name the Agilities your child is using to solve problems or learning as they play.



### Ask & Affirm.

Ask your child questions about what they like to do and affirm when they are working hard and developing new skills.

### Encourage & Explore.

Encourage your child to try new things and reflect on their interests, so they have confidence to explore more opportunities as they grow.

Learn more at  
[Agilities.org](https://Agilities.org)

