Agile XP Sneak Peek
Agile XP User journey
Learn about yourself to make good career moves, in 15 minutes a day

Agile Work Profiler
Understand Your Agilities
Career Statement
Discover Mindset
Evaluate Careers
Compare Careers
Explore Careers
Discover Skills Mastery
Assess Your Mindset
Find Your Drive

Rise to a Challenge
Learn to Learn
Mindset Progress
Check Your Network
Grow With Networking
Diversify Your Network
Build a Buffer
Network Map
Why Work
Get Experience

Afford Life
Consider More Pathways
Bust Career Myths
Identify Obstacles
Understand Obstacles
Upgrade Your Mindset
Rock Your Resources
Overcoming Obstacles Map
Look at You Now!
Your Agile Profile and Resume
<table>
<thead>
<tr>
<th>Part 1: Your Agilities</th>
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<tbody>
<tr>
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<td>✅ Discover: the 10 Agilities used in all careers</td>
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<td>✅ Learn: How to use your Agilities right now, whether you are in a career or not</td>
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<td>✅ Gain: self awareness and affirmation of your interests, and be able to introduce yourself in career conversations</td>
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<th>Part 2: Get the Agility Advantage</th>
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<td>✅ Use the Agility Advantage to be flexible, focused, and fulfilled in your career</td>
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<td>✅ Explore: the skills needed to see opportunities and develop career success</td>
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<td>✅ Apply: Use interactive Career Explorer Tools for your current interest, and many others</td>
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<th>Part 3: Develop a Growth Mindset</th>
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<td>✅ Explore: your beliefs about yourself that may be holding you back</td>
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<td>✅ Apply: Growth Mindset to a current challenge</td>
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<td>✅ Gain: career confidence that you can learn and grow through challenges</td>
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<th>Part 5: Expand Your Pathways</th>
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<td>✅ Consider your choices about how to make a living and get where you want to go</td>
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<td>✅ Explore: how salaries translate into lifestyle</td>
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<td>✅ Compare: the many ways to get to the career role you want</td>
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<td>✅ Gain: Peace of mind that you have options</td>
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Part 1:
Your Agilities

- Take the Agile Work Profiler Assessment
- Discover: the 10 Agilities used in all careers
- Learn: How to use your Agilities right now, whether you are in a career or not

"Encouraged a deeper level thinking about how we apply agilities in our own lives daily."

"I liked how the example included HOW each of the agilities approaches the problem differently and I always appreciate when an activity is highly interactive."

"I like the explanation of each agility engaged different learning abilities, i.e., hearing and visual. The examples helped to think of the agilities in a 3 dimensional way and then applying them to my situation helped me to own how to use them."

Inside Agile XP Screen Peek: Which Agilities would you use?
Answer, then see examples of how each Agility could apply.

Selling and Communicating - You patiently work through a billing issue with the insurance company and get it resolved.

Developing Others - You train other family members to assist so that ongoing care is available without undue burden on anyone.

Innovating - You design games and exercises for your sister to maintain her strength and physical conditioning.

Inspecting - You check your sister’s temperature.

Judging and Estimating - You estimate how much water your sister is drinking and make sure she’s getting enough to stay hydrated.

Managing - You budget for healthcare costs related to your sister’s health.
Part 2: Get the Agility Advantage

✔ Apply: Use interactive Career Explorer Tools for your current interest, and many others

✔ Gain: the ability to see and evaluate opportunities for yourself, even in change

Inside Agile XP Screen Peek:
Use the Career Explorer Tools to compare careers.

"Exposed me to amazing tools where I can investigate more occupations! I would have never known about this otherwise."

"I felt like it was eye opening information. Definitely made me broaden my perspective."

"Having the opportunity to analyze and compare was great! I felt it was a little too much information but the feeling of knowing that those resources are out there is great!"

Barbara is going to do today's task for you. You can just watch 😊

You can then use the Career Explorer tools on your own as much as you want.

GOOD DAY!

Barbara sees that she probably does not need further education for this job and that it pays about $30,000.

Next she uses the Occupation Explorer to check out other jobs whose top Agility is Organizing. She finds many that pay more and are quite interesting.

Architectural and Engineering jobs sure pay a lot. She's not sure what these jobs are or if she'd like them, but it's worth investigating further to find out.

Production and Planning Supervisor is a job that she feels she could do with a little more experience, and it pays quite a bit more than Concierge. It also looks like Recreation and Fitness Teachers are needed, which sounds right up her alley.

When she compares Concierge, Recreation Teacher, and Architectural Manager using the Agility Comparison tool, she quickly sees that getting further education is likely to pay off in higher salaries and more career options.

The purpose of this example is not to suggest that everyone should try to make more money. It is to show you that you can know salary estimates before you choose so you can make an informed decision.
Inside Agile XP Screen Peek: Explore your mindset through stories.

“I liked today’s activity because of the self reflection. I think everyone can see the story someplace within their lives.”

“I really liked how we were able to relate a story to our real lives!”

“Until NOW, I had never correlated a Growth Mindset with me learning AutoCAD. I am viewing things a little differently now.”

Good to see you, DeBruce.

Here’s a story for you.

Solomon always wanted to play basketball. But when it was time to pick a team nobody picked him. Some said he was too small. Others thought he did not play well enough. Solomon was left to sit on the sideline and watch the other kids play. This went on all winter. When the summer came, Solomon’s dad decided to enroll him in a basketball camp.

Solomon was skeptical at first because he thought he was too small and did not have the innate ability. Finally, he relented and enrolled in a basketball skills summer camp.

In the first week of camp when it came time to pick teammates, Solomon was picked last.

Solomon told his coach that he wanted to be a great player but was frustrated because he was not born with the skills that came easily to others.

The coach told Solomon that the greatest athletes got that way by practice. Coach Mosby gave Solomon a list of great athletes to research, including Lenny Dykstra, Pete Gray, Ben Hogan, Larry Bird, Michael Jordan and Muhammad Ali.

Many of the guys from the playground were on the team already and almost laughed him off the court. But Solomon made the team.

In the first year, Solomon practiced hard but spent a lot of time on the bench during games.

In the second year, Solomon got more playing time and developed some moves that worked nearly every time to put him in position for three point shots.

In the third year, he worked on those long shots daily.

At the end of that year, Solomon’s team won the state championship with Solomon’s three-point buzzer-beater shot to win the game. Coach Mosby said to his parents “We never would have won the State Championship without Solomon.”
Part 4: Agile Networking

- ✓ Assess the strength of your current network
- ✓ Learn: the three kinds of networks you need
- ✓ Build: a network map
- ✓ Gain: career confidence that you can surround yourself with support

Inside Agile XP Screen Peek: Assess your network. Learn to build your network in three important ways.

“I really liked the breakdown of what networking is. I also really liked how the different steps in networking are. It is a huge step in career success and I’m exited to learn more!”

“This task got me thinking about how important it is to make connections/meet people that support my career path.”
Inside Agile XP Screen Peek: See more ways to get to your future! This week is packed with experiences to help you see more solutions.

“All the tools are literally at your fingertips! from details different categories of job occupations also numbers and this don’t lie. everting is just right here. awesome the experience is excellent! wish i had the opportunity to do this in high school!!”

“These myths are things that I thought to be facts and I love hearing how they’re busted”
Part 6: Overcome Obstacles

- Overcome the obstacles that stand in your way today
- Learn: to leverage the Agility Advantage
- Build: your Overcoming Obstacles Plan
- Gain: hope that you can solve for any immediate obstacle and move forward

"I liked how today’s task helped my tackle my current obstacle and actually evaluate my plan."

"I Really Enjoyed the story and seeing planning through someone else’s perspective."

"I liked the example of a really tough situation and the growth mindset that was still exemplified. It was inspiring."

Inside Agile XP Screen Peek: Explore Internal and External Obstacles
Complete the Overcoming Obstacles Worksheet.

This week we’ll be using a one page worksheet to overcome obstacles.

Some parts of obstacles are EXTERNAL and other parts are INTERNAL.

External aspects of obstacles are generally outside of your control like market demand, occupations, market supply, policy, technology, natural disasters, physical limitations and others' actions.

Internal aspects of obstacle are more within your control like how you make financial choices, take responsibility, seek information or knowledge, and take opportunities.

You can download a PDF HERE. It is also available in your Portal. We will go through each part of this worksheet this week.

Even though she felt badly about not getting an internship yet, she did a great job of reaching out to get help with how to write and speak about herself more effectively. She did the work to update her resume and cover letter and to practice interviewing. That helped her get her internship. Way to go, Samantha!