

30 Ways to Develop Your Agilities Today

You are already using and growing your Agilities!
Check out these examples of activities related to each Agility.



Developing Others

- Help a friend with their homework
- Teach a younger sibling to shoot a basketball
- Volunteer to mentor new students at your school



Innovating

- Brainstorm original community service ideas
- Creatively express a story, poem, or song
- Create a cool storyboard or video on social media



Inspecting

- Edit a video and sync the beats
- Proofread a friend's paper
- Check food quality at a restaurant job



Judging and Estimating

- Forecast how much time you need to study for a test or to make it to work on time
- Guess how many pieces of candy are in a glass jar



Managing

- Lead a group through a class project
- Coordinate multiple people at a service project
- Manage a school sports team



Operating Objects

- Fix a flat tire
- Learn to use woodworking or robotics equipment
- Develop knife skills in cooking class



Organizing

- Use a planner to keep track of assignments and responsibilities
- Organize your computer files



Selling and Communicating

- Persuade your friends to watch your favorite movie
- Convince your teacher to push back a test date
- Negotiate between friends with different views



Serving and Caring

- Listen to a friend share about their problems
- Volunteer to deliver meals or work at a food pantry
- Help an older person complete an errand



Working with Information

- Keep stats for your soccer team
- Collect feedback from participants after a project
- Gather and use information for a research paper