30 Ways to Develop Your Agilities Today
You are already using and growing your Agilities!
Check out these examples of activities related to each Agility.

Developing Others
- Help a friend with their homework
- Teach a younger sibling to shoot a basketball
- Volunteer to mentor new students at your school

Innovating
- Brainstorm original community service ideas
- Creatively express a story, poem, or song
- Create a cool storyboard or video on social media

Inspecting
- Edit a video and sync the beats
- Proofread a friend’s paper
- Check food quality at a restaurant job

Judging and Estimating
- Forecast how much time you need to study for a test or to make it to work on time
- Guess how many pieces of candy are in a glass jar

Managing
- Lead a group through a class project
- Coordinate multiple people at a service project
- Manage a school sports team

Operating Objects
- Fix a flat tire
- Learn to use woodworking or robotics equipment
- Develop knife skills in cooking class

Organizing
- Use a planner to keep track of assignments and responsibilities
- Organize your computer files

Selling and Communicating
- Persuade your friends to watch your favorite movie
- Convince your teacher to push back a test date
- Negotiate between friends with different views

Serving and Caring
- Listen to a friend share about their problems
- Volunteer to deliver meals or work at a food pantry
- Help an older person complete an errand

Working with Information
- Keep stats for your soccer team
- Collect feedback from participants after a project
- Gather and use information for a research paper

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